

NY STATE GYMNASTICS CHAMPIONSHIPS

MARCH 20-22, 2015

Lou Gross Sports Center

USMA/West Point, NY

- **ENTRY INFORMATION**

All entries will be online this year. Go to mygymmeet.com and find the NY State Meet. Follow the directions. It is very simple, just follow the step-by-step instructions on the **website HELP section**. For additional help, contact: support@mygymmeet.com.

Entries will be due by February 1. On this date I will set the schedule. **The meet will be closed for registrations as of February 2nd.** If you still have unregistered athletes and would like to try to get them in the meet, send an email to: chschrade@aol.com. Late entries will **ONLY** be admitted to the meet if there is room in the session and charged a \$10 per gymnast late fee. Scratches will be allowed until March 1 with a full refund, so if you are not sure about a gymnast, enter him. After March 1 there will be no refunds except for injury (with a doctor's excuse) or gymnasts who did not make the qualifying score.

High School Gymnasts and Graduating Seniors

This year, USAG will be recognizing all high school gymnasts. I will need to know the name of the high school of all of your high school gymnasts. I will also need to know which gymnasts are graduating seniors. Please put this information in the NOTES section of the online entry form.

Junior Elite Gymnasts

Don't forget to indicate your J.O. Elite Gymnasts (Those doing the Technical Sequence).

Coaches Registration

Please enter all coaches who are going to coach at the State Meet. Coaches who are not entered will have to show their current USA-G credentials at the meet.

- **ENTRY FEES-** Entry fees will be \$65 for individuals. Teams will be entered automatically. Teams will be free of charge.
- **QUALIFYING SCORES**
All gymnasts must compete in two NY State Qualifying Meets, either Invitational or Local. J.O. Elite Gymnasts (those doing technical sequence), must compete in least one technical sequence meet before State Meet. Levels 8-10 will qualify automatically. Qualifying scores for Level 4, 5 and 6 will be set no later than January 15. If you are unsure whether one of your gymnasts will qualify, enter him. Any gymnasts who do not qualify will get a refund.
- **REGIONAL ENTRY**
Coaches, please remember to come to the State Meet with a check and entry form for the Regional Meet Entry. This check is payable to **USA Gymnastics-NY Men's**. Check Regional Website for entry form and fees.
<http://www.region7men.org/>
- **HOTEL INFORMATION**
We have special rates at the following hotels

Thayer Hotel- \$161+Tax
West Point, NY
845-446-2273

Hampton Inn Harriman/Woodbury- \$129+Tax
60 Centre Drive, Central Valley, New York, 10917
845-782-9600

Holiday Inn Express West Point- \$130+Tax
1106 Route 9 W, Highland Falls, NY, 10922, US
866-460-7456

