

2015 State Meet Schedule

Friday, March 20

Session 1 Levels 7-8

11:45	Doors Open
12:00-12:30	Open Stretch
12:30-1:50	Timed Warm Up
2:00-4:00	Competition
4:00	Awards

Session 2 Levels 9-10

4:30	Doors Open
5:00-5:30	Open Stretch
5:30-6:45	Timed Warm Up
7:00	Competition
8:45	Awards

Saturday, March 21

Session 3 Level 4 (6-8)

7:45	Doors Open
8:00-8:20	Open Stretch
8:20-9:30	Timed one touch
9:45	Competition
12:00	Awards

Session 4 Level 4 (9-10 and 11+) (Technical Sequence)

12:30	Doors Open
12:30-12:50	Open Stretch
12:50-1:40	Timed one touch
1:45-3:00	Competition
3:00	Awards

3:00-4:00 Coaches Meeting

Session 5 Level 6

4:00	Doors Open
4:00-4:30	Open Stretch
4:30-5:45	Timed Warm Up
6:00-8:15	Competition
8:15	Awards

Sunday, March 22

Session 6 Level 5 (7-8 and 11+)

8:00	Doors Open
8:15-8:35	Open Stretch
8:35-9:25	Timed one touch
9:30-11:15	Competition
11:15	Awards

Session 7 Level 5 (9-10)

11:30	Doors Open
11:45-12:05	Open Stretch
12:05-12:55	Timed one touch
1:00-2:30	Competition
2:30	Awards